

Senior Health Center found ‘deficiency free’ in surprise federal survey

Mid Coast Senior Health Center received a remarkable “deficit free” report following an unannounced federal survey. The Center is one of just 2% of Maine nursing homes rated as deficiency free.

The five-person review team spent five days assessing medical, nursing, and rehabilitative care; dietary and nutritional services; activities and social participation; and sanitation, infection control, and the physical environment.

All nursing facilities that participate in Medicare and/or Medicaid must be certified as meeting federal requirements. The federal government contracts with the state to provide these surveys at least every 15 months. Surveys are unannounced and may be conducted at any hour on any day.

Nationally, 92% of nursing homes were cited for deficiencies. In Maine, 98% of facilities are cited with deficiencies. The average number of deficiencies nationally is eight, seven in Maine.

“The terrific results are due to an exceptional staff that makes it a daily priority to provide the best possible care for our residents in a warm, caring environment,” said Darlene Chalmers, executive director of the Senior Health Center.

“The surveyors were very complimentary and spoke highly about the facility, staff, patient care, and quality. It takes an entire team effort to achieve such a prestigious survey outcome.”

Mid Coast Senior Health Center is the only facility in the Mid Coast Maine area that offers a full continuum of healthcare and wellness services for seniors under one roof.

These services include Thornton Hall Assisted Living, The Garden for the Memory Impaired, Mere Point Skilled Nursing Care, Bodwell Sub-Acute Nursing and Rehabilitation Services, and *Lifeline* 24-Hour-a-Day Personal Response System.

Mid Coast Senior Health Center is situated at 58 Baribeau Drive in Brunswick, and is an affiliate of Mid Coast Health Services.

For more information about the Senior Health Center, call (800) 729-8033, or visit www.midcoastseniorhealthcenter.com.