

# The Future of Healthcare

*in our Nation, State & Communities*



Mid Coast  
Senior Health Center

*Ounce of  
Prevention  
Series*

Monday, March 12, 10–11 a.m.

LEARN *about the challenges facing  
healthcare providers and their patients,  
and Mid Coast's vision for the future*

*from*

**Lois N. Skillings**

**President & CEO**

**MID COAST HEALTH SERVICES**

**Monday, March 12, 10–11 a.m.**  
Community Room

Mid Coast Senior Health Center  
58 Baribeau Drive, Brunswick

FOR MORE INFORMATION,  
call **373-3646**.

Photo by Jeff Morris of The Pierre Studio, Brunswick



**MID COAST  
SENIOR HEALTH CENTER**

*An Affiliate of* MID COAST HEALTH SERVICES



[midcoastseniorhealthcenter.com/ounce-of-prevention](http://midcoastseniorhealthcenter.com/ounce-of-prevention)

*A Continuing Educational Series Dedicated To Your Good Health.*